



Fall 2021 | Phoenix Children's Hospital Foundation

HOPES & DREAMS

FROM ONE HORIZON TO THE NEXT
Mapping out a brighter future for pediatric care

Rick Knight and his son, Will,
both have been patients at
Phoenix Children's.



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Hopes & Dreams is published by the Phoenix Children's Hospital Foundation. To share your comments or if you wish to unsubscribe, call (602) 993-4483.

DEAR FRIENDS:

When we launched our *Within Reach* campaign in 2017, we set out to advance our commitment to building a world-class children's hospital—to secure a future for the kids of our state that we knew was within reach.

With your generosity, much of that vision has become a reality. We have invested millions of dollars in recruiting the nation's top physician leaders, establishing destination programs, and fostering innovation and discovery. But we are far from done.

In our last issue of *Hopes & Dreams*, we shared our ambitious goals and highlighted physicians and community champions moving us forward and changing the shape of pediatric care. In the following pages, we're excited to take you from one horizon to the next and share some of the many stories that define what makes Phoenix Children's so special.

Groups like WINGS (When In Need Grandmas Serve) and PCH 50 are stepping up to give time and raise funds to transform young lives. Our passionate, innovative team of physicians, including Drs. Mario Otto and Kathleen van Leeuwen, are translating their expertise and dedication to child well-being into an elevated care experience for our patients and their families.

Enjoy these stories and consider building your legacy with Phoenix Children's.

As we look toward tomorrow, we know that more is possible today than ever before. Thank you for helping us to unlock those possibilities as we reach into the future.

Sincerely,



STEVE SCHNALL

Senior Vice President & Chief Development Officer



BLAZING TRAILS

Our 2021 Heart and Hand Award recipients model the way forward

At Phoenix Children's Hospital, we do more than provide world-class pediatric health care—we set the standard for it. To honor Phoenix Children's physicians and advanced practice providers who have made exceptional contributions to pediatric medicine, we've established the Heart and Hand Clinical Excellence Awards. These awards recognize excellence in the areas of clinical care, research, medical education and advocacy, celebrating those at Phoenix Children's who go above and beyond to provide the best possible care for our patients and improve the health of children everywhere.

CONGRATULATIONS TO THE AWARD RECIPIENTS:



Wendy Bernatavicius, MD | Physician of the Year



Katherine Harrison, CPNP-AC | Advanced Practice Provider of the Year



Michael Kruer, MD | Researcher of the Year



Vasudha Bhavaraju, MD | Teacher of the Year



Alexandra Walsh, MD | Advocate of the Year

AN EYE TOWARD THE FUTURE

Our Within Reach campaign may be coming to a close, but our journey is just beginning

Our vision to become a world-class pediatric care network has no end. As soon as we crest over one horizon, we're looking to the next—because what it means to be the best is continually evolving. That is why Phoenix Children's has developed an innovation mindset focused squarely on improving the day-to-day experience of our patients and their families.

In our quest for excellence, Phoenix Children's is guided by four strategic initiatives and inspired by the staff, volunteers, patients and families that make up our vibrant, diverse community and make everything possible.

EXPANDING BEYOND HORIZONS

There are still areas in Arizona where families lack convenient access to care that could save a child's life.

"Phoenix Children's is heavily investing in communities throughout the state," says President and Chief Executive Officer Bob Meyer, "to ensure families can access high-quality care for children, right in their own neighborhood."

This past spring, Phoenix Children's announced two major expansions into the West Valley—a new hospital in Glendale and a freestanding emergency center in Avondale—that will dramatically increase access to nationally ranked pediatric care. In addition, our Women's and Children's Pavilion in partnership with Dignity Health's Mercy Gilbert Medical Center will provide East Valley families with access to industry-leading pediatric and maternity services. Over the next several years, we will continue to identify new sites and build our physical presence to meet the needs of Arizona's children.



This rendering shows the future Phoenix Children's Hospital - Arrowhead Campus in the West Valley.

HKS



TECHNOLOGY AND INNOVATION

Phoenix Children's is using new technologies and medical innovations to build a comprehensive service delivery system that connects families with the personalized specialty care they need, where they need it. "Whereas many of the advancements we saw over the last decade enhanced the work of physicians and made their lives easier," says Chief Innovation Officer David Higginson, "new innovations are aggressively targeting the patient experience, helping us to pinpoint how and when patients need care, ultimately preventing unnecessary hospital visits."

When the pandemic hit, our use of telehealth went from virtually nothing to around 70 percent, overnight. Even now, up to 20 percent of ambulatory outpatient follow-ups are done via teleconference. These advances in telemedicine and virtual visits are already expanding access to Phoenix Children's and augmenting the way we work, creating a more streamlined experience for patients and families.



RECRUITING AND CULTIVATING WORLD-CLASS LEADERS

Over the past decade—and with a boost from our Within Reach campaign—Phoenix Children's has attracted world-class health care leaders. According to Physician-in-Chief Dr. Jared Muenzer, "the success of our growth, the bright future we have in front of us because of our investments in clinical care and research, and the people—our incredible staff from top to bottom—are synergistic forces," driving recruitment and allowing us to improve our already-high standards in pediatric care even as we expand by leaps and bounds.

Phoenix Children's is now building on that foundation by cultivating our own experts—the next generation of medical leaders. Together, these efforts will expand the scope of our teaching programs and foster a culture of curiosity that feeds discovery and innovation.



RESEARCH AND DISCOVERY

"Medical advancement and discovery," says Department of Child Health Chair Dr. Stewart Goldman, "should always be tied to improving lives and outcomes, to strengthening families and communities." Our groundbreaking research in pediatric care, led by Goldman, allows us to envision a future in which Phoenix Children's is at the forefront of next-generation children's health care. "We have the opportunity through our research," he says, "to generate new therapies that lead to better at-home care, fewer hospital visits, improved physical and mental health, and quality of life."

Our experts will pioneer the practical frontiers of pediatric medicine—transforming science into tangible breakthroughs. Our laboratories and expanded biorepository, capable of collecting, cataloging and storing important biological sample material, will foster the work of research fellows and inspire future collaborations. Our translational teams will bring more clinical trials to our home base, giving Arizona families faster access to transformative medicine.

How One Family Helps Many

A new fund established by longtime Phoenix Children's supporters assists families in need

As many of our patient families know, caring for a child with a serious medical condition can be a full-time job, to say the least. And often it means having to take unpaid time off work or even a complete job loss, further compounding stress on the entire family.

Longtime Phoenix Children's Hospital supporters Paul and Flo Eckstein wanted to help families who struggle with expenses due to a child's illness. Flo, a former social worker, knows just how stressful it is for a family when a child is in the hospital. In 2021, the couple established the Eckstein Family Support Fund, which provides assistance to Phoenix Children's families dealing with financial hardship during a child's hospital stay.

Providing assistance that reduces stress

"Children are very adept at picking up when their parents are worried, and that interferes in their healing process," says Rhonda Baldwin, social services manager at Phoenix Children's. "It is our experience that if we can remove financial stressors for families, then they are able to focus their emotional attention on their child rather than worrying about how to pay the bills."

When setting up the fund, the Ecksteins expressed the importance of flexibility. The fund provides families in need up to \$1,500 annually to assist with childcare for siblings, housing, utilities, food and more—whatever is needed. Anyone experiencing financial hardship as a result of their child's admission qualifies for assistance. The fund does not use income limits, because each family's circumstances are different. Instead, Paul and Flo have put their faith in Phoenix Children's social workers to determine which families would most benefit from financial aid.

"We are confident Phoenix Children's skilled, professional social workers provide needed emotional and material support to enable families to care for their children through a medical crisis," Flo says. "Any assistance parents get ultimately benefits the child being treated."

Finding purpose through service

Paul, whose father was a physician, says he and his wife are grateful to be able to support an organization like Phoenix Children's. "I joined the Phoenix Children's board in 1983 shortly after it was founded and served for 25 years," he says. "Anyone who has ever had a child or grandchild in a children's hospital knows how important it is to have a hospital that understands and caters to the needs of children. When you see what can be done, you just want to get involved." Paul even served as board president for two years in the mid-1990s.

For other families looking to create a lasting legacy, Paul and Flo are happy that their efforts are providing inspiration. "Being connected to Phoenix Children's all these years," says Paul, "has been both an honor and joy, and we are grateful to have had the opportunity. I take great pride in what the hospital has become. Every time I drive down the 51 and see the Phoenix Children's Hospital complex, there is a song in my heart and a smile on my face because I helped get the hospital off the ground."



“There is a song in my heart and a smile on my face because I helped get the hospital off the ground.” —PAUL ECKSTEIN



Paul and Flo Eckstein with their dog Hawks at their home in Central Phoenix.

 **Feeling Inspired?**

To learn more about how to give back, visit us online at PhoenixChildrensFoundation.org.

From Patient to Patron

A member of the auxiliary group PCH 50 gives back to the hospital that saved his life

As an infant, Rick Knight was diagnosed with neuroblastoma, a rare type of cancer that develops in the adrenal glands or immature nerve cells in young children. While Rick was too young to remember having surgery, radiation treatment or chemotherapy at Phoenix Children's Hospital, he does recall returning at least annually throughout his childhood for follow-up visits.

Then in 2020, when Rick's own child required medical care, there was no question as to where they would turn. Rick was quickly comforted to be at Phoenix Children's. "The doctor that saw my son immediately gave me his cell phone number and told me to call him anytime," he says, "and I took him up on that almost every day I was there."

Rick says every department they encountered, from emergency to surgery to rehabilitation, was equally comforting. "There wasn't an area in Phoenix Children's that I felt like he wasn't well cared for."

Joining 'The Fifty'

In 2021, Rick seized an opportunity to give back by joining PCH 50, an auxiliary group of the Phoenix Children's Hospital Foundation founded in 2015 by Phoenix Children's Hospital Foundation Senior Vice President and Chief Development Officer Steve Schnall and Brent Gulbas to raise funds and awareness for patients and their families. The group, also known as "The Fifty," has a mission to harness the energy, enthusiasm and experience of 50 driven community leaders as the next generation of supporters of Phoenix Children's Hospital. They do this through fundraising, volunteer efforts and awareness building.

Schnall and Gulbas' vision for the group centered around the idea of giving young men the opportunity to be part of a dedicated and determined mission-centered group. This year, the organization added 11 new members, reaching its goal of 50 men under age 50.

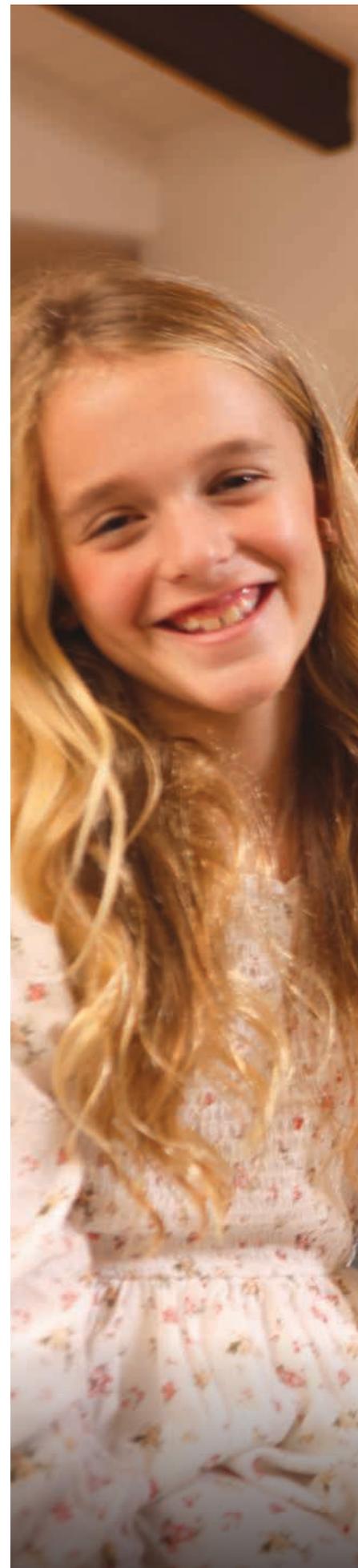
"It's humbling to be able to share my story and give back in this way," Rick says. "My hope is that I can provide encouragement and create awareness around this incredible organization."

Going 'Off the Record'

In its four-year existence, PCH 50 has raised more than \$2 million to support comprehensive care and services for patients at Phoenix Children's. The group's signature fundraising event, Off the Record, is a ticketed concert and VIP party experience with proceeds going directly to Phoenix Children's. This year's event on November 24 will feature 14-time Grammy nominee and Phoenix native Dierks Bentley.

In addition to Off the Record, the group organizes several other fundraising initiatives and sponsorship opportunities throughout the year, including a 5K, a golf tournament and a pickleball tournament.

"It's really exciting," Rick says, "to have the opportunity to be a part of a group of guys that are all working together to raise money for the growth of the hospital and help further its mission of attracting world-class doctors and care providers."





Rick and Ashton Knight and their three children at their home in Scottsdale.

 Ready to get **involved?**

For more info on how to support the group, go to ThePCH50.com.

From Bench to Bedside

A conversation with Dr. Mario Otto of the Center for Cancer and Blood Disorders

The Phoenix Children's Hospital Center for Cancer and Blood Disorders (CCBD) provides preeminent care for children in the region diagnosed with malignancies and blood diseases. The center's new director, Dr. Mario Otto, plans to make it an international destination.

Raised in Germany, Otto completed medical school at the University of Tübingen before moving to Tennessee to pursue childhood cancer research at St. Jude Children's Research Hospital. Otto joins Phoenix Children's from the University of Wisconsin, where he was a tenured faculty member and pediatric oncologist.

Otto is Phoenix Children's new Doris S. Norton Endowed Chair in Pediatric Hematology, Oncology and Bone Marrow Transplantation, and he says the endowment was a major factor that attracted him to join Phoenix Children's.

"Endowments are the catalysts that advance clinical and research programs," he says. "My endowed chair—as well as other endowments and philanthropic support for the hospital—demonstrate our community's unwavering commitment to support our mission to improve survival and the quality of life for children with cancer and blood disorders."

How would you describe your philosophy of care?

The diagnosis of cancer or a severe blood disorder is deeply upsetting and often overwhelming for patients and families. Parents particularly feel like their whole world has been turned upside down. Care for these families and affected children not only includes providing the best, expert medical care—it needs a

comprehensive team approach to ensure families have all the help they need to get through the difficulties of treatment.

How do you build trust with your patients and their families?

The most important thing is to be honest, give them time to digest the diagnosis and provide hope. The vast majority of our patients diagnosed with cancer will be cured. I also leave space for the uncertainty—we know it's not going to be a walk in the park. We need to be there for the family and answer questions, even if we don't always have a definitive answer, or if things turn out in a way we did not expect.

What is your vision for CCBD moving forward?

We have ambitious plans to expand our treatment options to include world-class cancer immunotherapy and cellular therapy, targeted radiotherapy and precision medicine to maximize cure rates while minimizing side effects. We also want to further develop our bench-to-bedside research efforts to offer new treatments.

How can that research shape the future of pediatric care?

In the 1960s, the survival rate for kids with cancer was about 20%. Through lab research and clinical trials we can now cure about 80% of kids with cancer. That's tremendous! And it's because of research. That was actually my drive: to go into medicine and research to develop new cancer treatments. The CCBD will play an important part in finding cures for those children who still die from cancer, and help survivors live healthy, long lives.





“Through lab research and clinical trials we can now cure about 80% of kids with cancer. That was actually my drive: to go into medicine and research to develop new treatments.”

—DR. MARIO OTTO

Dr. Mario Otto at the Center for Cancer and Blood Disorders.

Always Waiting in the WINGS

An impassioned group of grandmas is on standby to brighten futures for patients

They're business owners, and they're retirees. They're Valley natives, and they're East Coast transplants. They're all grandmothers passionate about helping children. They're WINGS: When In Need Grandmas Serve.

The philanthropy group formed in 2015, according to board member and past president Alice Bazlen, "to inspire giving to Phoenix Children's Hospital." Since then, the group has grown to 48 women who convene almost monthly to support Phoenix Children's and its patients' needs. Together, they've raised hundreds of thousands of dollars for Phoenix Children's, giving rise to a 3D cardiac imaging lab, an intensive care room in the Center for Cancer and Blood Disorders (CCBD) and a first-of-its-kind Medtronic neurosurgery robot, among other projects.

WINGS members see themselves as "mini ambassadors," sharing what's available and possible at Phoenix Children's, says WINGS President Cathy Reahard. "We want to do anything we can to ease the stress of children when they're going through the battle of their lives," Cathy says.

Campaign Rainbow

When WINGS members realized that many of Phoenix Children's most vulnerable patients were missing out on some of childhood's most simple joys—like attending sleepaway camp—due to their medical needs, they knew they could do something about it.

The group doubled its goal to raise funds for Camp Rainbow, an exclusive getaway for kids battling cancer. And next summer, 200 children will swim, canoe and ride horses alongside the doctors and nurses they love and trust.

"Who doesn't want to see a child go to camp?" Cathy asks. "They can share this wonderful experience together and feel just like every other child."

Paws Can Heal

The group's newest fundraising campaign, Paws Can Heal, will support a much-loved, full-time facility dog and trained specialist for the hospital's new Facility Dog Program.

When presented with the opportunity to help fund this program, the WINGS Board enthusiastically adopted it as their next initiative. On hospital tours, WINGS members had seen therapy dogs visiting the patients in their rooms. Here's what stood out: The kids were smiling, comforted and relaxed.

Phoenix Children's current volunteer therapy dog teams come in once a week and play a key role in the recovery process. WINGS members wanted more children to experience the healing power of animals.

"You've got this very lonely child whose parents might be at work, and a dog comes in and keeps them company. The dog takes a child's mind off of a shot or difficult treatment," Alice explains.

"As grandmothers, so many of our families have personally benefitted from Phoenix Children's services. The hospital touches us so directly," she continues. "We saw this as another opportunity to bring joy to what can be a very solemn environment."





From left to right, WINGS members Dawn Schlott, Cindy Ketcherside, Cathy Reahard, Dana Jirauch, Helene Presutti and Alice Bazlen at Paradise Valley Country Club.

 Find Your Giving Group

Our giving groups are composed of like-minded people joining together around a shared passion for improving the health of children. To learn more, visit PhoenixChildrensFoundation.org/Giving-Groups.

A Center on a Mission

For families receiving complex diagnoses, Dr. Kathleen van Leeuwen and the Fetal Care Center are lighting the way

When Laurelin was 20 weeks pregnant with her daughter, Norah, she and her husband learned that Norah had spina bifida, a condition in which the spine and spinal cord don't form properly. "We were anxious about trying to schedule appointments to see specialists that we didn't even know she needed yet," Laurelin says.

Faced with this unexpected diagnosis, the couple turned to the Fetal Care Center at Phoenix Children's Hospital for guidance. The center specializes in providing families with a seamless transition from prenatal to postnatal care, arranging everything from advanced fetal imaging to appointments with specialists.

What Laurelin did not expect was how much she would need the support of the center once Norah arrived. She regularly called the center's nurse coordinator for assistance navigating the health care system for her baby's needs and coordinating Norah's ongoing care. This customized approach to helping Norah and her mom was a lifesaver. And an inspiration.

Care before and beyond birth

"If a mom this strong is struggling, just think of the parents who don't have these resources," says Dr. Kathleen van Leeuwen, co-director of the Fetal Care Center. "We asked ourselves: 'Are we offering the same level of coordinated care *after* the baby is born?' Parents need a concierge who can lend her expertise to parents. That's why we created the Life Clinic."

The center's Life Clinic launched in August of this year. Of the center's team of seven care coordinators, two are dedicated to the Life Clinic, shepherding families through the first years of a child's life with hands-on support.

Removing big and small obstacles to care

The obstacles facing parents of a baby with complex issues aren't always hard, but they can be tedious and require inside knowledge to overcome. The Life Clinic's team tackles tasks such as doctor referrals, insurance authorizations and medical supply orders. Parents can call the team for help with challenges big and small, or even just to talk.

"As a parent, you don't know what to expect," says van Leeuwen. "But we do. We know what's next and how to optimize care for your child. The Life Clinic team gives families a road map."

The Life Clinic was made possible by Arizona-founded rooftop solar contractor Titan Solar Power. Insurance companies don't pay for care coordination, but thanks to Titan Solar Power's sponsorship, the clinic can offer these services to all families, and with a dedicated staff.

"At Titan, we strive to provide exceptional experiences, not only to our customers but to our community," says Titan Solar Chief Financial Officer Kyle Beddome. "Partnering with PCH over the years has gifted us with the ability to bless others in a way that exceeds even our expectations."

Adds van Leeuwen: "It's an honor to be able to take the burden off of families."



After Norah (at left) was diagnosed in utero with spina bifida, her parents turned to Phoenix Children's Fetal Care Center for guidance.





**“As a parent,
you don’t know
what to expect.
But we do.
We know what’s
next and how to
optimize care for
your child.”**

—DR. KATHLEEN VAN LEEUWEN

Life Clinic team members Abby Campbell and Noelle Hays.

MAKE YOUR IMPACT

WITH OUR COMMUNITY IN ACTION

With more reasons now to come together, Phoenix Children's Hospital Foundation is creating fun, inspiring and unique opportunities for our community to get involved and stay engaged. The proceeds of every event are used to give children and their families the best possible experiences and outcomes.



KTAR News & Arizona's Sports Station Give-A-Thon

Why it matters: With the help of KTAR News 92.3 FM and 98.7 FM Arizona's Sports Station, communities across Arizona joined together to bring hope to patients at Phoenix Children's to the tune of almost \$2 million dollars. The proceeds will directly benefit the Hope Fund, which funds the hospital's areas of greatest need, making it possible to provide lifesaving care to children across the state—and beyond.

Total raised: \$1,845,240



UPCOMING EVENTS

Look for updates by visiting these event websites

2021
DECEMBER 11

Ignite Hope

PCHIigniteHope.org

FEATURED EVENT





 **EVENT**

Leadership Circle 2021 Luncheon

Why it matters: Leadership Circle members jointly invest in cutting-edge, high-impact projects led by Phoenix Children’s physicians and researchers. Finalists pitch their projects at the annual luncheon, where members vote on which projects to fund. This year, Leadership Circle funded four projects that promise to make a significant impact on children’s health. Learn more at PCHLC.org.

Total raised: More than \$600,000



 **EVENT**

PCH 5K and Kids’ Dash

Why it matters: Teams and individuals—parents and kiddos alike—laced up their running shoes and took to the pavement to support the lifesaving work made possible by the Phoenix Children’s Hope Fund, which allows the hospital to fund its most pressing needs. Participants came together in celebration of health care heroes and their tireless dedication to patients and families.

Total raised: \$250,000

2022
FEBRUARY 12
Concours in the Hills
GiveToPCH.org/
Concours

2022
MARCH 4–5
M3F Music Fest
M3FFest.com

2022
MARCH 5
Dine With Your Dog
DineWithYourDog.org

2022
MARCH 26
Beach Ball
PCHBeachBall.org

2022
APRIL 22
Power Play
PowerPlayPCH.org

2022
APRIL
ABC 15 Telethon
TelethonForPCH.org



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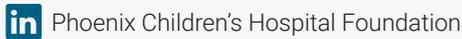
You can be a hero to a hero.
Give today at HeroesForPCH.org

Your gift is eligible for a dollar-for-dollar Arizona state tax credit of up to \$800 when filing jointly or \$400 for those filing as individuals.



Phoenix Children's Hospital Foundation

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